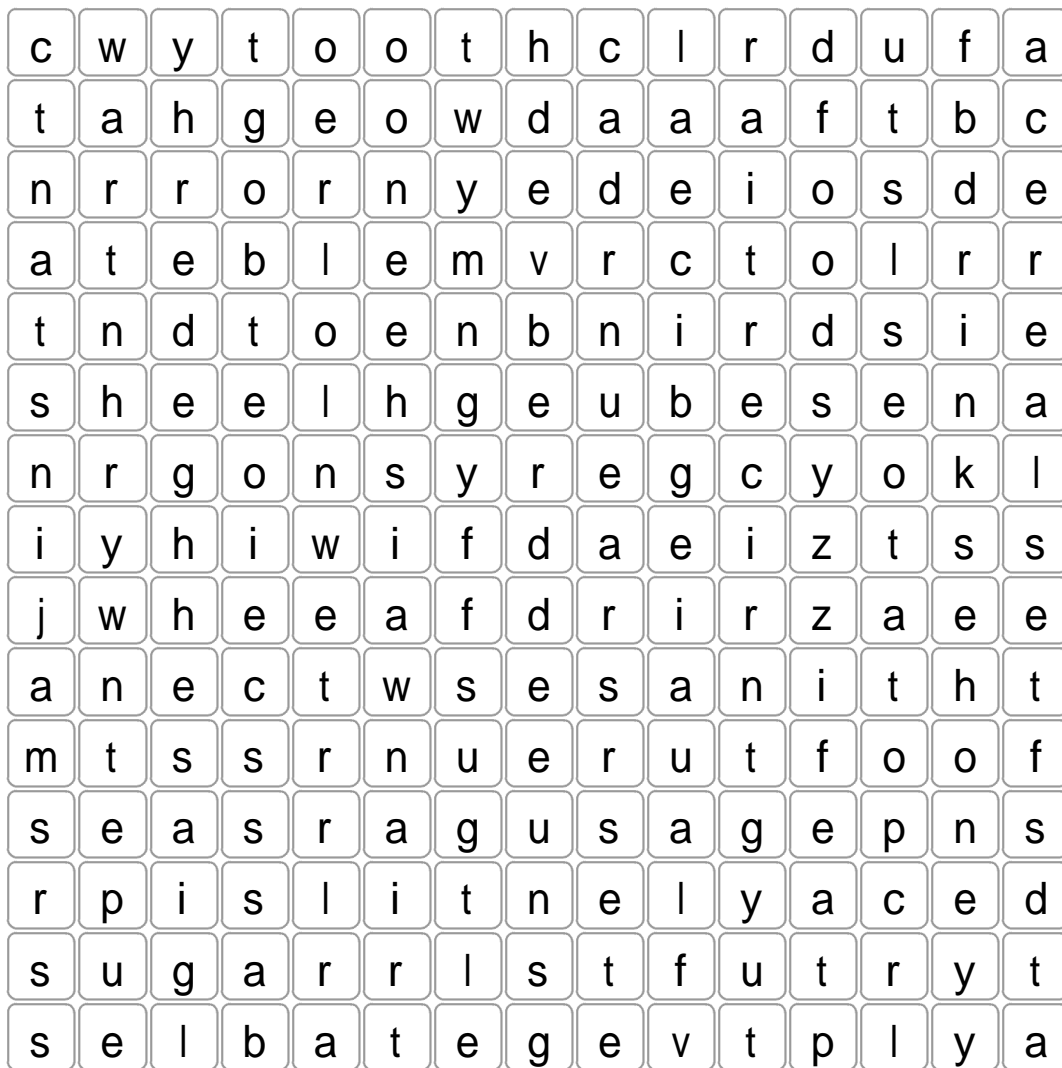


Carbohydrates



Words to find:

absorbed, bread, carbohydrate, cereals, decay, drinks, energy, fizzy, foods, fruit, honey, instant, jams, lentils, pasta, potatoes, pulses, refined, rice, starchy, sugar, sugars, sugary, sweets, tooth, vegetables, weight, wholegrain, wholemeal.